**I've Made Out A Will; I've left myself**

I've made out a will; I'm leaving myself

to the National Health. I'm sure they can use

the jellies and tubes and syrups and glues,

the web of nerves and veins, the loaf of brains,

and assortment of fillings and stitches and wounds,

blood - a gallon exactly of bilberry soup –

the chassis or cage or cathedral of bone;

but not the heart, they can leave that alone.

They can have the lot, the whole stock:

the loops and coils and sprockets and springs and rods,

the twines and cords and strands,

the face, the case, the cogs and the hands,

but not the pendulum, the ticker;

leave that where it stops or hangs

Simon Armitage